

VOTE & VACCINATE 2004 IS
SPONSORED BY:

THE ACADEMY OF MEDICINE OF
CLEVELAND/
NORTHERN OHIO MEDICAL ASSOCIATION

CUYAHOGA COUNTY BOARD OF HEALTH

CLEVELAND DEPARTMENT OF PUBLIC
HEALTH

CONSORTIUM FOR HEALTHY AND
IMMUNIZED
COMMUNITIES

PARMA COMMUNITY GENERAL HOSPITAL

OHIO KEPRO, INC.

THE VISITING NURSE ASSOCIATION

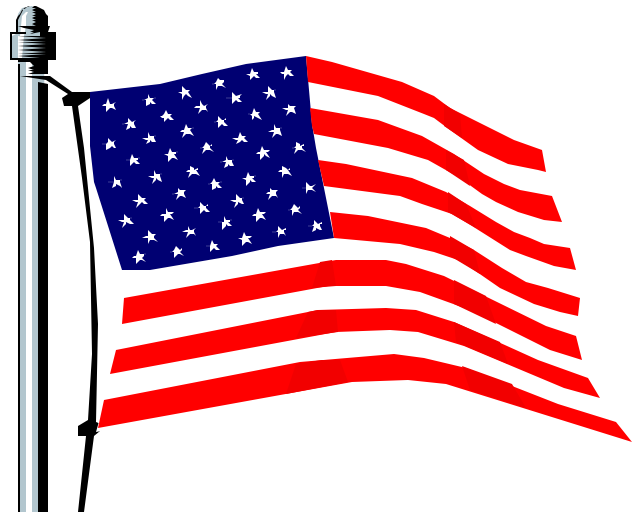
As a public service, we are encouraging
Voters to get vaccinated

www.amcnoma.org

The AMC/NOMA and all of our co-sponsors in the Vote and Vaccinate program are pleased to offer this service at the designated voting sites. However, it is important to note that because of the flu vaccine shortage there is a POSSIBILITY that some of the sites will only have pneumonia vaccine available this year. If you have any questions, please contact the AMC/NOMA at 216-520-1000, ext. 314.



Choose your candidate,
Then choose to stay healthy!



VOTE & VACCINATE
2004
ELECTION DAY
TUES. NOVEMBER 2, 2004
8:00 a.m. to 2:00 p.m.

***Get your pneumonia and/or flu shot on
Election Day at polling sites listed
inside***

A collaborative effort by
The Academy of Medicine of Cleveland/
Northern Ohio Medical Association and its' health partners to
encourage voters to
get vaccinated.

**Get Your Pneumonia or
Flu Shot on Election Day!!**

**Choose your candidate, and then choose to
stay healthy!**

What is VOTE & VACCINATE 2004?

The intent of the Vote & Vaccinate 2004 program is to provide individuals who are 65 years or older with an opportunity to receive flu and pneumonia immunizations at various polling sites throughout Cuyahoga County on Election Day. All sites will be following the Center for Disease Control Guidelines for administration of vaccines to high-risk individuals (i.e. individuals 65 years and over and those with chronic illnesses.)

What is pneumonia?

Pneumonia is a disease caused by bacteria. The bacteria attack the lungs and can spread to the bloodstream or to the spinal cord and the covering of the brain. Symptoms include high fever, chills, chest pain that increases with breathing, shortness of breath and cough with chest pain.

Who should be immunized against pneumonia?

People who are age 65 or older or have a chronic illness should be vaccinated. Older adults typically only need one shot during their lifetime, but are urged to check with their doctor for exceptions. It is important for those at high risk to be immunized.



Why get a flu shot?

Flu shots are recommended especially for the elderly and those who are chronically ill. Influenza is a very debilitating sickness and can lead to more serious complications, such as pneumonia, in individuals with weakened immune systems.

time to get a flu shot, however immunization through March are effective.

What are the costs for these shots?

Bring your Medicare Part B card with you and show it before you get the shot. Medicare will pay the total cost of your flu and pneumococcal (pneumonia) shots. If you do not have Medicare Part B, there will be a fee to receive flu and pneumonia vaccinations.

Who will administer these shots?

All shots will be administered by a nurse.

Participating Polling Locations:

Eastside

Alta Social Center
12510 Mayfield Rd. Cleveland 44106
(pneumonia vaccine only)

Benedictine High School
2900 Martin Luther King Dr Cleveland 44106
(pneumonia vaccine only)

Helen Brown Senior Center
16100 Euclid Ave. East Cleveland 44112

Open Door Baptist Church
8215 Woodland Ave Cleveland 44104 - At this site, vaccines are given 10 a.m. to 2 p.m. only

Westside

Normandy High School
2500 West Pleasant Valley, Parma 44134

Pilgrim Congregational United Church of Christ
2592 W. 14th Street, Cleveland 44113 - At this site, vaccines are given 10 a.m. to 2 p.m. only

Note: The CDC (Center for Disease Control) Guidelines state that Oct. thru Nov. is the best